## First day- Hall C Thursday- May/14/2015

Principles of Healthy Sport and Exercise Prescriptions Workshop

Time	Work shop	Lecturer
11:00-13:00	Principles of Healthy Sport and Exercise Prescriptions	Dr.Sied Vahid Mojab

## Second day- Hall C Friday- May/15/2015

Workshop of Exercises for Maternal and Child Weight Control

Time	Work shop	Lecturer
8:30-10:30	Exercises for Maternal and Child Weight Control	Dr.Sied Vahid Mojab